Quakerphernalia

The newsletter of Bucks Quarterly Meeting of the Religious Society of Friends



October 2022

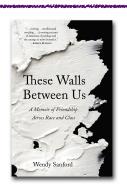
George School • Box 4477 • Newtown PA 18940

OCTOBER CALENDAR OF EVENTS					
Oct 1	9:30 am-3:00 pm	PYM Extended Worship	Virtual Only		
Oct 2	All Day	World Quaker Day	Sponsored by FWCC		
Oct 3	11:00 am-12:00 pm	Finding Quaker Stories in Historic Quilts	Moorestown Friends Meeting		
Oct 3	7:30–9:00 pm	Pendle Hill Online First Monday Lecture	Stephen Angell		
Oct 6	7:00–8:30 pm	One Book, One Bucks Quakers	A virtual book discussion		
Oct 7	11:00 am-1:00 pm	EQAT meeting for Worship Action	Philadelphia Metro Area		
Oct 8	10:00 am-4:30 pm	Historic Fallsington Day	Historic Fallsington		
Oct 8	8:00–9:00 pm	Fiddle Music with Jim Michener	Southampton Friends Meeting		
Oct 9	3:00–4:00 pm	Growth & Change in Later Life	Friends Village - Styer Campus		
Oct 11	7:45–8:30 pm	First Contact Reconciliation Gathering	PYM's First Contact Reconciliation Collaborative		
Oct 13	7:00–9:00 pm	Quaker Call to Action National Call	Sponsored by AFSC		
Oct 14-16		Spiritual Formation Fall Retreat	At Pendle Hill		
Oct 14	10:00–11:00 am	Friends Village Open House	Styer Campus		
Oct 14 & 15	10:00 am-4:00 pm	Chandler Hall Auxiliary Fundraiser	Wright Hall, Chandler Hall		
Oct 15	10:00 am-4:00 pm	Historic Bristol Day	Bristol Waterfront		
Oct 16	6:30–9:00 pm	Walking While Black: L.O.V.E. is the Answer	Yardley Friends Meeting		
Oct 22, 23, 29		Friends Couple Enrichment Online Workshop	Registration still open!		
Oct 27	4:00–5:00 pm	FCNL's Bucks County Advocacy Team Meeting	See article on page3		
Oct 29	10:00 am-3:00 pm	Olde Langhorne Harvest Day	Maple Avenue, Langhorne		
Oct 29	10:00 am-4:00 pm	Mediating Trauma Through Creative Expression Workshop	Sponsored by PYM Ministry and Care Committee		
ONGOING EVENTS					
Every Sunday	4:00–5:00 pm	Southampton Meeting Vigil for Justice	Southampton Friends Meeting		
Oct 7, 21	5:00–6:00 pm	Newtown Meeting Black Lives Matter Silent Vigil	State Street, Newtown PA		
LOOKING AHEAD					
Nov 5		PYM Fall Continuing Sessions	Details TBD		
Nov 9		Peace Center Silent Auction	Kick Off at Michener Museum		
Nov 12	11:00 am-3:30 pm	Eco-Justice Thread Gathering	Mark your calendars		
Nov 18-20		Friends Decision Making and Clerking	Register Now!		
Nov 20	9:30 am-3:00 pm	Bucks Quarter November Quarterly Meeting	Under the care of Lehigh Valley		

One Book One Bucks Quakers Friends around the Quarter are invited to read *These Walls Between Us*. It's the story of a 60 year, bi-racial friendship between two women, Wendy Sanford and Mary Norman. As a poor black 15-year-old, Mary meets 12-year-old Wendy when Mary travels by herself to Wendy's family's summer home on Nantucket to be the "help." As their friendship unfolds Wendy awakens to her unconscious participation in white supremacy and white privilege. Published in 2021, the book is written with

candor and humility.

Book discussion is scheduled for Thursday, October 6th on Zoom; registration is required; <u>click here to register.</u>



What's New on the BQ Website www.quakersbucks.org

Our website is a wealth of information! Click the links below to find out!

Stories of Vitality:

- Reflections and Updates: The African American Museum of Bucks County
- A Seeker's Story
- Yardley Friends Flea Market Once Again a Huge Success

Other Resources:

Calendar of Events

Bucks Quarterly Meeting 2022 Handbook

Quaker Organizations & Resources

If you haven't visited in a while, please click the links above; let me know what you think. Drop me an email at quakersbucks@gmail.com.

Your Coordinator, Wendy	

Bucks Quarter Meeting for Worship Schedule Bristol 4th Sunday Indoor worship; Email for 11:00 am information: pws@seas.upenn.edu Buckingham Sunday Indoor hybrid; email for zoom 10:30 am Doylestown Sunday Indoor hybrid; for zoom link go to 10:00 am doylestownquakers.org Fallsington Sunday Indoor hybrid; go to 11:00 am fallsingtonmeeting.org Lehigh Sunday Indoor hybrid; zoom link at Valley 9:30 am lehighvalleyquakers.org Wed 8:00 pm Makefield Sunday Indoor worship 10:00 am Middletown Sunday Indoor hybrid; email for zoom 11:00 am link: robin.hipple@gmail.com Wed Wednesday worship in person only 7:00 pm Newtown Sunday Indoor hybrid; for zoom link go to 11:00 am newtownfriendsmeeting.org Plumstead Sunday Indoor worship 9:30 am Ouakertown Sunday Indoor worship 10:30 am Solebury Sunday Indoor worship 10:00 am Southampton Sunday Indoor hybrid; email for zoom 10:00 am Tuesday jmm9724@gmail.com 7:30 pm Wrightstown Sunday Indoor hybrid; email for zoom link 10:00 am peterpearson47@gmail.com Yardley Sunday Indoor hybrid; email for zoom 10:00 am link:

More information can be found at <u>quakersbucks.org/local-meetings</u>

info@yardleyfriendsmeeting.org

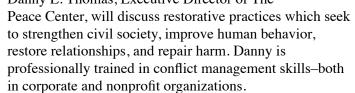
Friends Village

Growth & Change in Later Life

This series examines the many changes encountered in later life and how we continue to grow emotionally as we age. All sessions are Sundays at 3 PM at the Styer

Campus at 331 Lower Dolington Road, Newtown.

The Power of Forgiveness - October 9: How does forgiveness contribute to our own growth and wellness? How can forgiveness help us build a safer and more just world? Danny L. Thomas, Executive Director of The



Questions? Email Courtney Slensky at <u>cslensky@friends-village.org</u>, or call 215-968-3346 x105. Registration is required; <u>click here to register.</u>

Senior Planet

Sessions are held Mondays and Wednesdays at the Styer Campus.

Computer Essentials - October 10th – November 9th, 11:00 am–12:15 pm: This 5-week course covers the essentials of how to use the basic functions of a personal computer, how to navigate the internet, and how to send and receive email. By the end of the course, you'll have a foundation for using a computer and the internet to enrich your life. Prerequisites: A Gmail address. Though this course is best suited for people who have had some experience using the internet on any device, help can be provided for those with less experience. If you need help setting up a Gmail address, please call the Senior Planet hotline: 888-713-3495.

Introduction to Digital Culture - October 10th – November 9th, 2:00 –3:15 pm: From communicating with others to staying healthy, digital tools and technologies affect much of our lives. By the end of this 5-week course, you'll use the internet to contact your lawmakers, learn about health-related topics, connect with others offline and online, and explore your interests and passions. You'll also learn best practices for staying safe online and using social media. This course is a great opportunity to meaningfully practice skills that you learned in Basics or Essentials



course. Prerequisites: You should have already taken a Basics or Essentials course or be familiar enough with your device to use it independently in class. You must also have an email address.

Visit Bucks County

Quaker Meetinghouse Driving Tour: Visit Bucks County and Bucks Quarter teamed up this summer to develop a

teamed up this summer to develop a
Quaker Meetinghouse Driving Tour of the
12 Bucks Quarter meetinghouses located
in Bucks County. This tour – a wonderful

outreach for each of our meetings – is live and available on their website.



The tour takes you from Plumstead Meeting in the north, to Bristol Meeting in the south and visits each meeting in between. On the website there is a brief description of each meetinghouse. Click here to check it out!

Southampton Meeting

Coffeehouse Concert

You are invited to a coffeehouse-style concert on Saturday, October 8, at Southampton Friends Meeting, 710 Gravel Hill Road, Southampton, PA.



Doors open at 7:30; the concert is from 8:00 to 9:00 pm.

Admission is free, but donations are gratefully accepted. Coffee and tea will be available.



Walking While Black: L.O.V.E is the Answer

Join Yardley Friends Meeting, United Christian Church, The Peace Center, and the Bucks

County District Attorney's office on Sunday, October 16th at 6:30 pm for an inperson screening and discussion of *Walking While Black: L.O.V.E is the Answer*.

The goal of the film and the discussion that follows is to find common ground between peace officers and the communities they serve.

The film will be shown at the Yardley Friends meetinghouse at 65 N Main Street, Yardley, PA. Donations to support this program (made payable to Yardley Friends Meeting) are gratefully accepted. Preregistration is recommended but not required; click here to register.

Buckingham Meeting

2022 Bucks Quarter Peace Fair

Friends prayed for perfect weather

and our prayers were answered. What a beautiful day to celebrate peace!

And what a better way to celebrate than the meeting clerk getting dunked in the Dunk Tank!



Chandler Hall

Chandler Hall Auxiliary Annual Fundraiser

It's that time of the year already, when our thoughts turn to holiday shopping!

Come to Chandler Hall on Friday, October 14th and Saturday, October 15th from 10:00 am to 4:00 pm, and start your holiday shopping early and choose from the many Fall, Thanksgiving, Christmas and other items that will be for sale. All items are new and ideal for decorating or gift giving.

There will also be a bake table with yummy cakes, breads, cookies and jellies (which also make excellent gifts!)

The most important reason for this event is that all profits from this sale are donated to Chandler Hall for **Benevolent Care** of the residents that require financial assistance.

Please come out and join us to provide assistance to those residents who depend on the generosity of others through programs such as Benevolent Care.

Questions? Contact Kathie Parry, Middletown Meeting, at 215-620-6645.

Wright Meeting Hall • 99 Barclay Street • Newtown, PA

Plumstead Meeting

Plumstead Friends at the Peace Fair

Plumstead Friends were out in force at the September 10th Bucks Quarter Peace Fair, held on the grounds of Buckingham Friends

Meeting and School, to let attendees know about their welcoming community. See for yourself:





Spotlight on FCNL's Bucks County Advocacy Team

What is an FCNL Advocacy Team? (Friends Committee on National Legislation) We are one of 125 teams in 44 states! Our success comes from a commitment to building relationships with Congress grounded in mutual respect and listening. It takes time and commitment to build a lasting, influential relationship with our members of Congress.

As a member of an FCNL Advocacy Team, we commit to having a relationship with our team, our members of Congress, and with FCNL over a period of at least a year. Come to a meeting and see what you think!

We have crafted three types of memberships where Friends can either jump in with both feet or lean into how they wish to become involved in advocacy efforts.

Regular membership involves attending monthly meetings, as well as legislative appointments. New members may observe until they feel ready to contribute!

Op-Ed writers agree to receive FCNL Action Alerts and commit to writing letters to the editor or opinion columns. Attendance at zoom meetings is optional.

Friendly Faces agree to attend, but not participate, in legislative meetings on Zoom with ours or other Advocacy teams. It can be helpful when speaking to policy makers to visually reflect a larger constituency on a Zoom call.

Whether you are a face in the crowd, an opinion column writer, or choose to attend all meetings, your involvement will make a difference in advocating on behalf of issues that advance peace, justice, and environmental stewardship.

RSVP to Betsy Crofts emcrofts@gmail.com to receive the Zoom link.

Upcoming Events

MeetingThurs, Sept 224:00 pm on ZoomTrainingMon, Sept 267:00 pm on ZoomMeetingThurs, Oct 274:00 pm on Zoom

PYM Extended Worship

October Extended Worship: Oct 1st-

This month the group will have a virtual meeting on Zoom. The day will follow the usual format of worship from roughly 9:30 to 12:30, and worship sharing from 1:00

until around 2:30 to 3:00, with a lunch break in between.

The best way to stay informed is to be placed on an e-mail list to receive Zoom links for this and future Extended Worship meetings; contact Jim Strong at jmmstrong@gmail.com.

PYM Workshop

Mediating Trauma Through Creative Expression Workshop

In this workshop participants will share their story of trauma, challenge or grief, as it is now and as they re-vision it. This will be

facilitated through three modes: writing, movement, and music.

The workshop begins with listening to live **music** to help open heart, mind, body, and spirit to a safe and sacred space. Through **writing**, participants will initially write about a trauma that is stuck, read it aloud if so led, then write a "re-visioned" story. As participants take turns reading their stories slowly, we invite others to **move**, creatively and simply, bringing the stories to life and into the Light.

This PYM-sponsored workshop is virtual only, scheduled for October 29th from 10:00 am to 4:00 pm. Registration is required; zoom link will be sent upon registration. Click here to register.

"Trauma is a story that has gotten stuck and forgotten how to dance. We have to teach it to move again."

Spiritual Formation Collaborative The Spiritual Formation Collaborative of Philadelphia Yearly Meeting is holding its annual weekend retreat at Pendle Hill from Friday October 14 to Sunday October 16, 2022.

This year's retreat will center on Spiritual Companionship, a fundamental practice among Quakers and other faith traditions which strengthens anyone facing human tragedy and those who work for peaceful and just societies. The format is a simple - groups meet regularly every 1-3 weeks with 2-4 people, dividing the time equally to seek and document insights and practices to shape and guide our lives.

This practice-based retreat is for people who are actively digging deeper to experiment with the Spirit in their lives and be changed. Companion Groups do not transform us; they support us when we allow ourselves to be transformed by the Spirit.

There is a fee for this program; <u>Click here to register</u>. For questions or more information, contact you can contact Susan Thompson at <u>267-847-6396</u> or email <u>Sthompson@healthfederation.org</u>; please put put "Spiritual Formation" in the subject line.

Curious about what the Spiritual Formation Collaborative is all about? <u>Click here to view their video on the Bucks</u> <u>Quakers YouTube Channel</u>.

PYM Youth

First Day School Resources

On the PYM website there is a <u>section</u> <u>dedicated to Religious Education</u> <u>resources</u> for young Friends of all ages. Teachers can find curricula, supporting materials for adults teaching and parenting,

handouts and articles! Some things you will find:

- 2022-23 Planning Calendar for Youth RE Programs
- Guidance and Practices for Online Youth Gatherings
- Curricula and Lessons
- Welcoming Families

Quaker Parent Mutual Support Groups

The Quaker parent mutual support groups provide a supportive forum in which Quaker parents can talk about their parenting and their faith. Parents celebrate one another's successes and provide fellowship for one another through difficulties.

- Open to Friends raising children under the age of 19
- Free, online, facilitated in English, on Zoom
- Meets for one hour every other week for a total of twelve gatherings between November 2022 and April 2023

Registration deadline is November 1. <u>Click here to register</u>.

Eco Justice News The Philadelphia Yearly Meeting (PYM) has committed to a corporate witness on climate change. The Eco-Justice Collaborative (EJC) of PYM issues a monthly bulletin to provide Friends with

time-sensitive information and resources to help in their ongoing work witnessing for social and climate justice.

In the September issue:

Measure Greenhouse Gas Emissions on our Nation's Highways Now: A new rule to measure, report and reduce highway pollution would allow the DOT to address climate change in a big way. A key provision of the proposed rule is that it would require setting target emissions for emissions. It is important for the DOT to hear from us during the public comment period. Make a public comment here.

Quaker Action in the Mid-Atlantic Region: Four Friends from the region are announcing their intention to

form a 501(c)(4) to serve area Friends' advocacy at the legislative and policy levels of government. The organization is meant to serve as a lobbying organization for Friends in the Mid-Atlantic Region. The work they do will be similar in practice to the Friends Committee on National Legislation (FCNL) and Friends Committee on Legislation of California



(FCLCA), As such there will be no limits on direct and grassroots lobbying.

If you would like to receive the full newsletter directly to your email, sign up to by filling out your name and check the "Peace & Social Justice" list via the PYM subscription link.



Friends Couple Enrichment **Listening with Love to Strengthen and Deepen Our Relationships:** An FCE
Online Workshop in Six Sessions, Oct
22, 23, 29.

Have you ever noticed how different it feels when someone is *really* listening to you? Not just waiting for you to finish talking for their turn to speak. It feels *amazing*! Sadly, those of us in committed relationships don't always get that feeling when communicating with our partners. We're busy and tired with a lot on our minds. It can be hard to truly listen.

Friends Couple Enrichment is offering an online workshop in October for couples **who want to learn how to better hear each other.** Grounded in Spirit, the sessions will offer more than simple tools for listening deeply and speaking clearly. Couples will witness each other as we practice dialoging with our partners in the safety of a supportive community.

The workshop is being co-led by Jess Walcott and Gene Sonn from Middletown Meeting, along with another Pennsylvania couple and one from Alaska. To find out more about the workshop <u>click here</u>, or you can email



Gene directly at genesonn@verizon.net.

A donation of \$40/couple is suggested. <u>Click here to register for the workshop</u>.

World Quaker Day 2022 World Quaker Day is an annual event organized by FWCC where we celebrate the diversity of Quakerism around the world, and build connections to make our community stronger.

World Quaker Day will take place on Sunday, October 2, 2022 with the theme *Becoming the Quakers the World Needs*.

This year, every Friends church or meeting is encouraged to send or receive visitors to or from another Quaker group, to bring greetings, build relationships and share ideas.



Inter-visitation today is the easiest it has ever been, with many Quakers meeting online or in hybrid form. To make it even easier, sign up online and we can share details of Quaker groups especially hoping for visitors on the day. Alternatively you might like to visit in person, which we can also help with.

If you would like to be part of World Quaker Day 2022, either by visiting another Quaker group or welcoming Friends to yours, click here to sign up using the form.



Meeting for Worship Action: Sunday, Oct 2, 11:00 am–1:00 pm: As part of a global week of climate action by people of faith and during the 250th anniversary of the death of Quaker abolitionist John

Woolman, we will take meeting for worship to the streets and speak truth to power in our own time.

RSVP now to save the date! We will send you more information once we confirm details. And please join us on Saturday, October 1st for a training for prepare for the action.

Please email Ryan at ryan@eqat.org for more information and to share what would support you to attend.

Pendle Hill

October Programs & Workshops

Listening, Learning, and Expanding Community: What I've Learned from Teaching Quaker Studies and African American Religious Studies, a First

Monday Lecture - Monday, Oct 3 7:30–9:00 pm: In this lecture, Stephen will address important learnings from his engagement with these two wonderful, rich, vital, and momentous areas of studies during more than three decades of teaching. He will also offer informed thoughts as to how the Religious Society of Friends might move forward at the present moment to be more welcoming to and inclusive of all seekers and finders of the Spirit of God. The lecture is free and open to the public; registration required. Click here to register.

Visual Journaling Online - 5 Tuesday evenings, Oct 4—Nov 1, 6:30–8:30 pm: Do you love journaling and want to integrate visual art with your words? We will invite Spirit's guidance as we learn arts techniques to complement our written words. This fun and exploratory experience is meant to meet you where you are with regards to journaling and art-making. No particular skills or experience is necessary to participate, yet the program will have something to offer even the most experienced writers and artists. Basic fee is \$150; register here.

338 Plush Mill Rd • Wallingford, PA 19086

Quaker Call to Action

Bystander and De-Escalating Training

Over 100 F(f)riends attended an on online bystander and de-escalating training, facilitated by Eli McCarthy from DC Peace

Teams. In these contentious times, these workshops provide valuable information for anyone who would like to de-escalate potentially volatile situations.

Bystander intervention goals:

- Re-humanize the parties involved, particularly the person being harassed.
- Defuse the situation.
- Unleash the constructive power of the person being harassed. Our intervention should promote a sense of agency and should not hinder their ability to respond or guide the response.

Strategy and Tactics:

- You might wait to intervene if the conflict seems constructive, healthy or the targeted person seems to be doing something positive.
- You might choose to intervene if the conflict seems quite destructive and unhealthy, the targeted person seems quite afraid or anxious, physical posturing is intensifying or physical harm is occurring.

Tactics:

Center yourself: enables our mind to be less reactive and more creative in difficult situations.

Presence, Posture, and Eye Contact: be confident, helps aggressor see others as humans.

Distraction: distract the situation with surprising/out of context statements.

Dialogue and Empathy: offering emotional support and empathy.

This is just a taste; for more information and future trainings go to https://www.dcpeaceteam.org/.

Friendly Services Offered and Friendly Services Needed

Carol Richardson, Associate Broker with Coldwell Banker Hearthside Realtors

A member of Newtown Meeting, Carol hears your wishes and needs clearly and is very resourceful. Carol enjoys finding the perfect match of home to home owner.

Carol Richardson, Associate Broker, ABR, GRI 100 Brandywine Blvd, Ste 302 - Newtown, PA 18940 13 locations serving Bucks County.

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Office Tel: 267-350-5555 Ext:2574
Web site: www.carol-richardson.com
Email: c.richardson@cbhearthside.com
"Caring for all your real estate needs."

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Store hours: Monday thru Friday 7:30 thru 5:00

Saturday 7:30 -12:00 **Tel:** 215-297-5100

"Simply Real" News is Growing! Published monthly with Quaker Values

Times Publishing Newspapers, Inc. has rolled out with our ninth newspaper in Bucks County - the Fairless FOCUS. Covering the Fairless Hills area our new total mailed (via US Postal Service) circulation is 115,716 households and businesses. We cover "all the 'good news' that's fit to print." Over the past 18 years we've started and continue to publish these additional 8 monthly publications: Yardley VOICE, Morrisville TIMES, Newtown GAZETTE, Northampton HERALD, Lower Southampton SPIRIT, Langhorne LEDGER, New Hope NEWS, and the Doylestown OBSERVER.

Donna Allen, Publisher: 215-702-3405 www.timespub.com - (updated daily)

J.W.FreyLLC Remodeling, Maintenance and Repair

Deck rehab, basement finishing, painting, and door installation are just a few of the services we can provide.

Jonathan W. Frey, an attender at Lehigh Valley Friends Meeting, services the Lehigh Valley and Upper Bucks areas. Contact him at:

Phone: 610-984-5356
Email: J.W.Freyllc@hotmail.com
Website: JWFREY-Remodeling.com

Parry Insurance

We are a 5th generation Quaker owned and operated insurance agency. We will work with you to identify your insurance needs and develop a custom program to protect your personal and/or business assets. We offer personal and commercial insurance coverages, along with life insurance and long-term care products. Blake Parry is a member of Middletown Meeting and Lisa Parry Becker is a member of Solebury Meeting. Please contact us to arrange a meeting to review your insurance coverages and discuss how we could assist you to protect your assets.

Tel: 215-579-7310

Email: info@parry-insurance.com
Web Site: www.parry-insurance.com
Office Location: Langhorne, PA

Quaker Employment Opportunities

Abington Friends Meeting: Children's Religious

Education Coordinator

Haddonfield Quarter: Quarter Coordinator

Western Quarter: Youth Activities and Education

Coordinator

FCNL: multiple opportunities

Pendle Hill: multiple opportunities

Right Sharing of World Resources: multiple positions

Friends Journal: staff writer

Friends Center: facilities assistant

Advertise your business here

\$40/month

\$260/year

Contact Wendy at quakersbucks@gmail.com

Update Your Contact information!

Have you moved recently? Changed your email address? Started using you cell phone as your primary number? The yearly meeting wants to know! Go to www.pym.org/yourinfo and update your contact information. And while you're at it, send it to quakersbucks@gmail.com so the Coordinator will have the update as well.