

# Quakerphernalía

The Newsletter of Bucks Quarterly Meeting of the Religious Society of Friends Coordinator: Wendy Kane Phone: 215-867-9557 Box 4477 – George School ~ Newtown, PA 18940

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www.quakersbucks.org

Deadline for Quakerphernalia by the 10th day of the preceding month's publication Visit us on Facebook: <u>https://www.facebook.com/BucksQuarterlyMeeting/</u>

#### JANUARY 2020

Jan 3-5		Young Adult Friends Winter Retreat	Chestnut Hill Friends Meeting
Jan 4	9:30 AM to 3:00 PM	Extended Meeting for Worship	Abington Friends Meeting
Jan 7	10 AM to 12 PM	BFS Open House	Buckingham Friends School
Jan 8	11:30 AM to 1 PM	Friends Home & Village Open House	Friends Village
Jan 9	7 PM	Bucks Quarter Oversight Committee Meeting	Jane Jackson House - BFS
Jan 11-12		Winter Family Overnight	Camp Onas
Jan 11	9 AM to 11 AM	NFS Open House	Newtown Friends School
Jan 12	2:00 to 4:00 PM	Camp Onas Info Day	Camp Onas
Jan 16		Registration Opens for 2020 Camp Onas	camponas.org
Jan 19	12:30 PM to 1:45 PM	Aging Well Series - Family Caregiving	Newtown Friends Meeting
Jan 19	2 PM	Camp Onas Board Meeting (snowdate Jan 26)	Wrightstown Meeting Social Hall
Jan 20	5:30 to 7:00 PM	Bucks Food For Friends	Fallsington Friends Meeting
Jan 22	9 AM to 11 AM	Full Day Kindergarten Open House	United Friends School
Jan 26	10 AM to 1 PM	PYM Threshing Session	Haddonfield Friends Meeting
Jan 31-Feb 2		Middle School Friends Winter Gathering	Lancaster Friends Meeting
		LOOKING AHEAD to FEBRUARY	
Feb 1	10 AM to 3 PM	Peace and Social Justice Thread Gathering: Diversity and Equity in Our Meetings	Central Philadelphia Friends Meeting
Feb 14-16		Young Friends Service Trip to YSOP in NYC	New York City
Feb 16	9 AM to 3 PM	Quarterly Meeting	Middletown Friends Meeting
Feb 22	10 AM to 4 PM	<u>Thread Gathering - Deepening Our Practice in</u> <u>Friends Decision Making</u>	Providence Friends Meeting
Mar 28		PYM Spring Continuing Sessions	Westtown School
May 17	9 AM to 3 PM	Quarterly Meeting	Plumstead Friends Meeting
Jun 28-Jul 4		FGC Gathering - Way Will Open	Radford University, Radford, VA
Jul 29-Aug 2		PYM Annual Sessions	The College of New Jersey

## **Quaker Self Portrait**

Philadelphia Yearly Meeting wants to paint a portrait of our Quaker Community. This self-portrait will help ensure that events, resources, and opportunities for connection are designed to serve us well, are welcoming to new Quakers, and will help reach seekers. It will provide information about who is involved, so that events, resources and opportunities for connection are built to serve everyone. It will also help identify who is not involved, so changes may be made to reach out and be welcoming to those who may not be represented.



The portrait process is two-fold. First, take a picture of your meeting community and post it to the PYM <u>website</u> (many meetings already have). Second, take a moment to fill out the individual <u>demographics form</u> and let the yearly meeting know more about yourself and your interests. This information will help to support the yearly meeting's role of connecting Friends and ministries across our four-state, 100+ meeting community. *Add your silhouette to the mix!* 



#### New Year's Mini-Retreat Fallsington Meeting

Join Amy Ward Brimmer on December 31st at Fallsington Friends Meeting from 1 to 4 PM for a chance to slow down and take stock of 2019 before heading out to your evening celebrations. Participate in the movement, breath, and awareness of Qigong, investigate walking and sitting using the Alexander Technique, use insight meditation to listen deeply to yourself and set and share some intentions for 2020. <u>Reserve you place now</u>. Cost is \$50 in advance/\$60 at the door (limited financial aid is available)

9300 New Falls Road Levittown PA

## Aging Well Series Newtown Meeting

Newtown Friends Meeting will continue their monthly series on aging issues Sunday, January 19 at 12:30 PM. This month's topic is family caregiving. Do you provide rides, bookkeeping, housekeeping, companionship, or personal care to a family member or friend without compensation? You are a family caregiver? Many types of support are needed, whether the care recipient lives with you, on their own, or in a residential community. How do you balance caregiving with a job and a family? The discussion will include care for the caregiver, long-distance care, resources, and the joys and challenges of being a family caregiver. Facilitator: Susan Hoskins, LCSW, Newtown Meeting. Executive Director, Friends Foundation for the Aging, former ED of Princeton Senior Resource Center. Questions can be directed to Susan at shoskins@friendsfoundationaging.org, or 215-478-6663.

219 Court Street, Newtown PA

## Mindfulness-Based Stress Reduction (MBSR) Yardley Meeting



Give yourself a chance to train your heart and mind, unlock the power of your natural awareness, and learn to unhook from habitual stress reactivity. Join Amy Ward Brimmer of Way Opens Wellness

for the classic 8-Week Foundations Course developed by Jon Kabat-Zinn. She has been offering this program to Friends for several years at the FGC Gathering and locally in Bucks County. Classes will be on Tuesday evenings from 6:30 to 9 PM, from January 21 - March 10 (plus full day retreat, Saturday, February 29). Tuition is on a sliding scale. For more information and registration click the link for <u>Way Opens Wellness</u>. **65 N. Main Street Yardley PA** 

> Happenings at Friends Home & Village

**Memoir Writing Group**: If you want to make a difference, consider the FHV Memoir Writing Group. The group meets at Friends Village the second and fourth Thursday with a writing coach on the first Thursdays. For more

information contact Judith Solt at 215-968-2897 or judtsolt2@gmail.com

**Worship Opportunities**: Friends Village now offers twice-weekly worship – Sunday at 10 AM and a mid-week worship on Thursday at 11 AM.

**Open House:** Explore what it would be like to live at Friends Village. Join them for an Open House on January 8 from 11:30 AM to 1:30 PM. There will be tours and a complimentary lunch. For more information or to register to attend contact Barb Heverly at 215-968-3346.

Friends Village 331 Lower Dolington Rd Newtown Friends Home 50 S. Congress St Newtown

#### Events at The Peace Center

**Teen Peace and Social Justice Summit:** The 7th Annual Dr. Martin Luther King, Jr. Bucks and Montco Teen Peace and Social Justice Summit will be held on Sunday, January 19 (snow date January 26) from 4:00 to 7:30 PM at Bensalem High School, 4319

Hulmeville Rd, Bensalem. There will be meaningful and courageous conversations on race, prejudice and intolerance. The Bucks County District Attorney's Office will be showing the film *Walking While Black: L.O.V.E. is the Answer*, with discussion following. This



summit is suggested for teen in grades 9-12, and mature seventh and eighth graders. A pizza dinner will be provided. For registration and information visit www.thepeacecenter.org, or call 215-750-7220.

**One Book One Bucks:** Join The Peace Center on February 6 at 6 PM as they continue the conversation to bring about more understanding, compassion and empathy by discussing *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* by Michelle Alexander. The discussion will be facilitated by the Greater Trenton Chapter of the Campaign to End the New Jim Crow. For more information visit The Peace Center's <u>website</u>.

102 W Maple Ave Langhorne PA

What's Happening at Camp Onas

Even in the dark of winter, Camp Onas does not hibernate! Here's what's happening there in January:

Winter Family Overnight 2020: Families with children age kindergarten to 5th grade from across the Philadelphia Yearly Meeting region are invited to an unforgettable overnight retreat! The Children and Families program will continue to explore the theme: "Using Your Voice!" during this year's Winter Family Overnight. We'll prepare our meals, do crafts and activities, and worship together. We'll gather Saturday afternoon, with plenty of time for families to settle in their cabins, explore the camp, and engage in play and activities around our theme. We prepare dinner together and eat together as a family community. In the evening we get cozy with s'mores and stories in front of the fire. After kids go to bed there will be space for parents to spend time with each other. On Sunday we will gather for breakfast and all-ages worship, and finish up with plenty of time for families to get home and prepare for the coming week! Or you can stay for –

**Camp Onas Information Day:** On Sunday, January 12th from 2-4 Camp Onas staff will be sharing information about the summer camp. There will be a brief tour of camp, followed by a slideshow. Prospective campers will do activities with counselors while staff facilitate Q & A with parents. Refreshments will be available! Families might head out after the Family Overnight to get lunch, and then circle back to learn more about Camp Onas, "a home without walls."

**2020 Registration is Open!** 2019 campers, their siblings, and campers who were waitlisted last season will have priority registration through January 15th. New campers can register for the New Camper Waiting List any time before January 15th. Beginning on January 16th, new campers will be placed in the order in which their registrations were received. Register here.

#### 609 Geigel Hill Rd Ottsville PA

#### Extended Worship Abington Friends Meeting

Friends are invited to experience extended worship on Saturday, January 4 at Abington Friends Meeting. Friends gather from 9:15 to 9:30 AM, then worship for approximately 3 hours until around 12:30 PM. Following a brown bag lunch, the group will reconvene for worship sharing from about 1:30 to 3:00 PM. Come for the entire experience, or whatever your schedule allows. Seekers welcome!

#### 520 Meetinghouse Road Jenkinton PA

Midweek Meeting for Worship			
Tuesday	7:30 PM	Southampton	
Wednesday	7:00 AM	Makefield	
Wednesday	7:00 PM	Lehigh Valley	
Wednesday	7:00 PM	Middletown	
Thursday	11:15 AM	Friends Village	

#### Middle School Friends Winter Gathering Lancaster Friends Meeting

Join Middle School Friends January 31 to February 2 at Lancaster Friends Meeting for the Annual Winter Gathering. The weekend will include small group worship sharing, lots of laughter, group games and new friendships.

The Winter Gathering workshop will be facilitated by Tara Rubinstein, who will build on earlier discussions at Annual Sessions and the Fall Gathering. She will revisit the model of the gender and sexuality spectrum through games, reflection, and crafts. Queries to be explored together will include: What is sexual orientation? How do you figure this out for yourself? How do you support your Friends as they figure it out?

Tara Rubinstein is a former PYM MSF coordinator, as well as a writer, educator and mother. She has created and/or supervised programs for adolescents that support LGBTQ identity, drag performance, spirituality, anti-racism, mythology and magic, community building, sexual wellness and body positivity. Register here; cost is \$75. Scholarships are available –don't let cost keep you away!

## 110 Tulane Terrace Lancaster PA

Bucks Quarter Chandler Hall 2020 Worship Schedule			
January	Doylestown		
February	Fallsington		
March	Middletown		
April	Newtown		
May	Solebury		
June	Wrightstown		
July	Buckingham		
August	Doylestown		
September	Fallsington		
October	Middletown		
November	Newtown		
December	Solebury		

Arrive 10:45 AM Worship 11:00 AM



PYM Threshing Session Haddonfield Friends Meeting

Friends from around the yearly meeting are encouraged to attend a Threshing Session on Sunday, January 26 at Haddonfield Meeting from 10 am to 2 pm. The goal of this threshing session is to explore issues related to membership as have been raised by our young adult Friends in their recent Epistle. We will aim to probe the various layers of concerns and identify them for later discernment by our councils and our whole yearly meeting community.

The session will be co-facilitated by Walter Sullivan and Tenaja Henson. The day will be begin with worship at 10 AM followed by a brown-bag lunch at 11 AM. Threshing will begin at 12 PM and conclude no later than 2 PM. Please <u>RSVP</u>! Questions? Contact Zachary Dutton, at <u>zdutton@pym.org</u>.

#### 47 Friends Avenue Haddonfield NJ

#### **Update Your Contact information!**

Have you moved recently? Changed your email address? Started using you cell phone as your primary number? The yearly meeting wants to know! Go to <u>www.pym.org/yourinfo</u> and update your contact information. And while you're at it, send it to <u>quakersbucks@gmail.com</u> so the Coordinator will have the update as well.

# "Simply Real" News is Growing! Published monthly with Quaker Values

Times Publishing Newspapers, Inc. has rolled out with our ninth newspaper in Bucks County - the Fairless FOCUS. Covering the Fairless Hills area our new total mailed (via US Postal Service) circulation is 115,716 households and businesses. We cover "all the 'good news' that's fit to print." Over the past 18 years we've started and continue to publish these additional 8 monthly publications: Yardley VOICE, Morrisville TIMES, Newtown GAZETTE, Northampton HERALD, Lower Southampton SPIRIT, Langhorne LEDGER, New Hope NEWS, and the Doylestown OBSERVER.

> Donna Allen, Publisher: 215-702-3405 www.timespub.com - (updated daily)

## William B. Parry & Son, LTD Insurance

We are a 5<sup>th</sup> generation Quaker owned and operated insurance agency. We will work with you to identify your insurance needs and develop a custom program to protect your personal and/or business assets. We offer personal and commercial insurance coverages, along with life insurance and long-term care products. Blake Parry is a member of Middletown Meeting and Lisa Parry Becker is a member of Solebury Meeting. Please contact us to arrange a meeting to review your insurance coverages and discuss how we could assist you to protect your assets.

> Tel: 215-579-7310 Email: info@parry-insurance.com Web Site: www.parry-insurance.com Office Location: Langhorne, PA

# Tinsman Bros., Inc. Lumberyard & Building Supplies

Birthright Quakers and 5th generation owners, William E. and Thomas F. Tinsman, invite you in for a visit to the oldest lumberyard in the country, located in Lumberville, PA. Established in 1785, we pride ourselves on the quality lumber and services we offer. Our hardware store has many hard to find treasures. **Store hours:** Monday thru Friday 7:30 thru 5:00 Saturday 7:30 -12:00 **Tel:** 215-297-5100

## MRP Plans, Inc. Retirement Plan Services

Ed Snyder, a member of Yardley Meeting, is a Certified Pension Consultant/Qualified Pension Administrator and offers retirement plan services to small businesses - plan design and installation, and annual third party administration. If you're thinking about a 401(K) or similar retirement plan for your small business or have a plan but don't understand it, Ed is the one to call.

> Tel: 609-689-9400 Email: ed@mrpplansinc.com

# Superior Benefit Plans, LLC Employee Benefits Insurance Broker

Marybeth Snyder is a Wharton School Certified Employee Benefits Specialist with 30 years experience and member of Newtown Meeting. Individuals, small and large employers rely on Superior to afford and manage benefits plans including health insurance. Offices in Lahaska and Malvern, PA.

TOLL Free: 888-656-1339

Email: <u>msnyder@superiorbenefitplans.com</u> Marybeth Snyder, CEBS, CLU Tel: 610-722-9900/215-693-6303

Fax: 610-725-9209

# Carol Richardson, Associate Broker with Coldwell Banker Hearthside Realtors

A member of Newtown Meeting, Carol hears your wishes and needs clearly and is very resourceful. Carol enjoys finding the perfect match of home to home owner.

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## Ad Space Available!

Do you have a Friendly business you want Friends to know about? Are you in need of a Friendly service? Let Friends know by advertising in this newsletter. You do not need to be a member of Bucks Quarter, but you do need to be a member or attender of a meeting. The rate is \$260 for 12 months or \$40 monthly.

For more information contact Wendy Kane: quakersbucks@gmail.com or 215-867-9557